

Penmorvah Manor

To Begin

- Homemade Soup of the Day (v)** £8.75
Bread and Butter
- Crusty Bread and Mixed Marinated Olives (v)** £9.00
Garlic, Peppers and Herb Oil
- Salt and Szechuan Pepper Squid** £11.50
Sweet Chili and Fish Sauce Dip
- Gravadlax (gf)** £11.50
Roasted Baby Beets, Honey and Wasabi Dressing
- Porcini Mushroom and Mozzarella Arancini (v)** £10.25
Roasted Tomato, Red Pepper and Lime Pesto
- Fresh Crab and Tarragon Arancini** £11.00
Roasted Tomato, Red Pepper and Lime Pesto
- Seared Mackerel** £11.00
Toasted Bread and Rhubarb Chutney

Little Appetites

- Pasta with Tomato Herb Sauce and Garlic Bread
- 2 Sausages, Chips and Beans
- Battered Fish, Fries and Peas
- Breaded Chicken Breast and Chips

£7.95

Tortillas

Served with Soured Cream & Guacamole

Spicy Chicken, Mango and Chili
£11.50

Smashed Avocado Mango and Chili (v)
£10.75

Pulled Pork and Homemade Kimchi
Bramley Apple Relish, Fresh Mango,
Guacamole and Warm Potato Salad
£17.50

Sides

- House Salad** £5.00
- Kohl Rabi Slaw** £4.50
- Skinny Fries** £5.50
- Triple Cooked Chips** £6.00
- Fresh Vegetables** £5.00
- Beer Battered Onions** £3.50

All our dishes are cooked to order. Please advise a member of staff of any allergies before ordering. Full allergen information is available on request and while every care is taken, all dishes are prepared in the kitchen where allergens may be present.



From the Sea

Cornish Ale Battered £17.50

Haddock Fillet

Triple Cooked Chips, Mushy Peas and Tartare Sauce

Salmon, Dill and Beetroot £16.75

Fishcake

Skinny Fries, Salad, Slaw, and Preserved Lemon Chutney

Penmorvah Fish Platter £29.95

King Prawns, Scallops, Grilled Salmon, Sardines, Squid, Skinny Fries, Slaw and Garlic & Lime Mayonnaise

Moules Frites £16.00

Steamed Mussels in Wine, Garlic and Cream, Skinny Fries, Chipotle Mayonnaise and Crusty Bread

To Continue

Poke Bowl £17.50

Udon Noodles, Edamame, Kohl Rabi Slaw, Avocado, Chili and Sesame with Grilled Salmon, Chicken or Halloumi

Poached Egg, Smashed Avocado on Toast £14.50

Hummus and Roasted Beetroot

Chicken Parmigiana £17.50

Breaded Parmesan Escalope, Tomato and Mozzarella Ragout, Tomato and Basil Spaghetti

Spaghetti Carbonara £14.95

Pancetta, Pecorino, Eggs and Black Pepper with Garlic Bread

To Finish

£9.00

Chocolate Nemesis

Pink Grapefruit and Campari Sorbet

Double Espresso Crème Brûlée

Penmorvah Ginger Biscuit

Chocolate and Walnut Brownie

Salted Caramel Ice-cream

Baked Banana with Chili Flakes and Rum

Coconut Ice-cream

Sicilian Lemon Baked Cheesecake

Compote of Black Currants

A Selection of Cornish Ice-cream

From the Char-grill

Rib Eye Steak 225g, 28 Days Aged
£26.95

Grilled Tomatoes, Mushroom, Beer Battered Onion, Triple Cooked Chips and Kohl Rabi Slaw

Prime Steak Burger (170g)
£17.50

Toasted Brioche, Maple Cured Bacon, Monterey Jack Cheese, Beer Battered Onions, Skinny Fries, Slaw and Chipotle Mayonnaise

Steak Frites (gf)
£16.50

Thin Cut Sirloin, Garlic and Shallot Butter, Skinny Fries and Salad

All of our desserts are handmade here at the Manor, our Ice-Cream is from Callestick Farm in Truro, Cornwall

