

# Breakfast

## Beverages

### Fruit Juices

Orange  
Grapefruit

### Coffee

Cafetière Coffee, Decaf  
Cafetière Coffee

### Tea

English Breakfast  
Earl Grey, Darjeeling,  
Fruit and Herbal

### Coffee Menu

Cappuccino £3.00  
Latte £3.00  
Espresso £2.50  
Double Espresso £3.00  
Mocha £3.00  
Hot Chocolate £3.00

## Continental Breakfast

Cheese, Salami and Home Baked Ham

White or Brown Toast

Crusty Bread Rolls, Croissants and  
Pain Au Chocolat

Served with a Selection of Preserves,  
including Jam, Marmalade, Honey,  
and Butter

### Fruits

Grapefruit, Prunes, Apricots, Fresh Fruit

### Yoghurt

Natural Yoghurt

### Cereals

Cornflakes, Weetabix, Granola and Muesli or  
Make your own Healthy Choice Cereal with  
our Granary Selection

## From the Kitchen

### Full English Breakfast

Sausage, Bacon, Tomato, Mushrooms, Baked  
Beans, Sautéed Potatoes accompanied with  
Fried, Scrambled or Poached Free Range Egg  
(Vegetarian Sausages available on request)

### Eggs Florentine

English Muffin, Free Range Poached Egg,  
Spinach and Hollandaise Sauce

### Eggs Benedict

English Muffin, Free Range Poached Egg,  
Westcountry Ham and Hollandaise Sauce

### Eggs Royale

English Muffin, Free Range Poached Egg,  
Smoked Salmon and Hollandaise Sauce

### Smoked Salmon

Served with Scrambled Egg

### Cornish Grilled Kipper

Served with Lemon and Butter

### Traditionally Made

### Oatmeal Porridge

Served with Cream and Honey

£17.50 — Full Breakfast  
£12.50 — Continental Breakfast  
£7.50 — Toast & Tea / Coffee  
Non Resident Only